**KS1 Medium Term Objective**By the end of half term the pupils will have developed an understanding of different movements whilst being able to apply them at speed, over obstacles and to get past defenders.  
 **Movement Medium Term Plan**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Lesson 1 | Lesson 2 | Lesson 3 | Lesson 4 | Lesson 5 | Lesson 6 |
| Theme | **Movement (Gate Game)** | **Movement (Circuits)** | **Movement (Robin Hood)** | **Movement (Treasure Island)** | **Movement (Island Tag)** | **Movement (Dodgeball)** |
| Main Objective | **WALT** Explore different ways of moving. | **WALT** Move in different ways and remain balanced when moving over obstacles. | **WALT** Move in different ways at speed. | **WALT** Explore different ways of getting past defenders. | **WALT** See and find space and be able to move into it. | **WALT** Use the different movements we have practiced so we are able to dodge. |
| Learning Objective | 1. Move in different ways when going forwards.   2. Move in different ways when going sideways.  3. Move in different ways when going backwards. | 1. To remain balanced when moving over the obstacles.  2. To remain balanced when moving over the obstacles at speed.  3. To avoid hitting the obstacles when moving over them at speed | 1. To move at speed and remain balanced when moving forwards.  2. To move at speed and remain balanced when moving sideways.  3. To move at speed and remain balanced when moving backwards. | 1. Be able to change of direction and make double movements.   2. Be able to change speed.  3. Make runs into space to avoid the defenders. | 1. Be able to see where the space is.  2. Be able to see space and move into it.  3. Be able to see some space and move into it at speed. | 1. Be able to change direction quickly.  2. Be able to dodge using different movements.   3. Be able to dodge and remain balanced. |