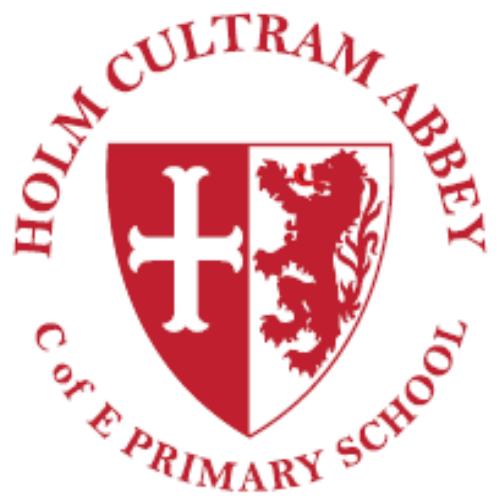


# ANTI BULLYING POLICY



## **HOLM CULTRAM ABBEY C OF E SCHOOL ANTI BULLYING POLICY**

**APPROVED BY :**

**Name: Jemma Nicholson**

**Position: Headteacher**

**Signed:**

A handwritten signature in black ink that reads "Jemma Nicholson".

**Date: March 2017**

**Review Date: March 2020**

# **REVIEW SHEET**

The information in the table below details earlier versions of this document with a brief description of each review and how to distinguish amendments made since the previous version date (if any). Schools should devise their own version history to reflect the document status in the school.

Version Number	Version Description	Date of Revision
1	New document adopted	March 2017

## Anti-Bullying Policy

**This policy should be read in conjunction with and is linked to  
the school's Safeguarding Policy**

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**Holm Cultram Abbey CE Primary School Anti-bullying Policy has been devised with due consideration to and in line with guidance given in:-**

DfEE Circular 8/94 - Pupil Behaviour and Discipline

DfEE Guidance, "Bullying: Don't Suffer in Silence"

The Human Rights Act 1998 – Pupils '*live free from degrading & inhuman treatment*'.

The School Standards and Framework Act 1998 – '*preventing all forms of bullying*.'

Race relations Bill 2000

DfEE Circular 10/99 – Social Inclusion: Pupils Support

### **Our Anti-bullying Policy links with a number of other school policies:**

- Safeguarding/Child Protection Policy
- Behaviour Management Strategy Policies – 'Promoting Positive Behaviour', 'Dealing with Severe Disruptive Behaviour' and 'Physical Intervention' & Homophobic, Biphobic, Transphobic, Racist and Ageist Name calling Policy
- Single Equality Policy
- Home School Agreement
- Complaints Policy

## Anti-Bullying Policy

*"No school is completely free of bullying, and therefore all schools need to actively address the issue"*  
(Solutions to Bullying, Sue Young 2002)

**Holm Cultram Abbey CE Primary School, through its Vision, Ethos & Values seeks to build a community that will flourish in a collaborative and mutually supportive atmosphere.**

### **To achieve this we aim to:**

- Promote positive behaviour, self-discipline and respect for others.
- Promote a positive anti-bullying ethos.
- Train staff to be aware of bullying in its different forms.
- Be proactive, responsive and preventive in dealing with bullying issues.
- Teach pupils the nature and consequences of racism, homophobic, transgender, bi-phobic and ageism bullying and aggressive behaviours through PSHCE, Collective Worship, Circle Time, P4C sessions & Ethos Group discussions.
- Teach pupils how to respond to bullying and how to ask for help or report bullying.
- Act promptly and firmly to eradicate bullying.

### **BULLYING – The beliefs & values of Holm Cultram Abbey CE Primary.**

All pupils and staff have the right to feel happy, safe and included.

Pupils and staff have the right to work in an environment without harassment, intimidation or fear.

All bullying, of any sort, is therefore unacceptable.

Pupils who experience bullying will be supported.

We recognise the effects that bullying can have on pupils' feelings of worth and on their schoolwork, and the school community will actively promote an anti-bullying environment.

### **Our Intentions in Producing this Policy are:**

- To safeguard all children, protecting their health & well-being.
- To express our belief that all pupils should be included fully in the life of the school.
- To provide a learning environment free from any threat or fear, which is conducive to the achievement of individual aspirations.
- To reduce and to eradicate wherever possible, instances in which pupils are made to feel frightened, excluded or unhappy.
- To reduce and to eradicate wherever possible, instances in which pupils are subject to any form of bullying.
- To establish a means of dealing with bullying, and of providing support to pupils who have been bullied.
- To ensure that all pupils and staff are aware of the policy and that they fulfil their obligations to it.
- To meet any legal obligations which rest with the school.

## **Definition of Bullying**

Bullying ... involves dominance of one pupil by another, or a group of others, is pre-meditated and usually forms a pattern of behaviour.

### **Bullying is therefore:**

- Deliberately hurtful
- Repeated, often over a period of time
- Difficult for victims to defend themselves against

### **It can take many forms but the main types are:**

- Physical – hitting, kicking, taking another's belongings
- Verbal – name calling, insulting, making offensive remarks
- Indirect – spreading nasty stories about someone, exclusion from social groups, being made the subject of malicious rumours

**Some forms of bullying are attacks not only on the individual, but also on the group to which he or she may belong.**

### **Within school we will pay particular attention to:**

- Racial harassment and racist bullying
- Sexist language
- Ageist language
- Homophobic, transphobic, bi-phobic language
- Bullying of pupils who have special educational needs or disabilities.

## **Creating an Anti-Bullying Climate at Holm Cultram Abbey CE Primary School**

Holm Cultram Abbey CE Primary School's Behaviour Management Strategy explains how we 'Promote Positive Behaviour' in school to create an environment where pupils behave well; where pupils take responsibility for each other's emotional and social well being and include and support each other.

We draw on Social, Emotional Aspects of Learning through the use of Heartsmart and promote appropriate behaviour through direct teaching, and by creating an emotionally and socially safe environment where these skills are learned and practised.

Our aim is to create a climate where bullying is not accepted by anyone within the school community.

### **Our curriculum, in particular PSHE & Citizenship, will be used to:**

- Raise awareness about bullying and our 'Anti-bullying Policy',
- Raise awareness of other anti-social behaviour
- Increase understanding for victims
- Help build an anti-bullying ethos,
- Teach pupils how constructively to manage their relationships with others.
- Teach pupils how to communicate with adults in such circumstances
- Explore why people bully each other
- Explore the effects of bullying on the bullied, on bullies and on bystanders
- Explore what we can do to stop bullying.

### **Communicating Our Commitment to Anti-bullying**

Class discussion, Heartsmart time, The Big Questions in RE (P4C), role plays, stories and visitors, such as theatre groups or individuals, are used to show what pupils can do to prevent bullying, and to create an anti-bullying climate in school.

Daily Collective Worship is used as a platform to reinforce our message that bullying will not be tolerated. Collective Worship sessions delivered on this theme are logged along with all other Collective Worship themes. Collective Worship is underpinned by our strong Christian ethos which promotes truthfulness, friendship, forgiveness and equality to name but a few values.

Bullying will not be tolerated and we make this clear in the School behaviour contract we give to pupils and parents when they join our school (appendix 3)

Periodic poster campaigns are used on the school notice boards and in classrooms to remind pupils that bullying is not acceptable, and to tell them what to do if they are bullied.

Posters tell pupils about 'Childline' and other sources of confidential help.

We will provide written guidance for parents on the signs of bullying and what to do if they suspect their child is being bullied at school. (Appendix 1.)

We will provide written guidance to all our pupils to explain what they should do if they are being bullied, or if they see another pupil being bullied. (Appendix 2.)

### Action to Reduce the Likelihood of Bullying

Discuss the issue with staff & pupils regularly. Teach pupils about bullying in its many forms, about the effects of bullying and broaden their understanding of bullying in general. Subtly normalise single-sex relationships and actively celebrate difference and diversity.

Make pupils aware of where and when bullying may occur in school.

Maintain appropriate levels of supervision by staff.

Provide regular training for teachers and non-teaching staff (including mid-day supervisors) on spotting the signs of bullying and how to respond.

Promote 'peer action' - encourage pupils to report incidents of bullying immediately.

### Strategies for Dealing With Bullying

Holm Cultram Abbey CE Primary School has a combination of strategies that can be drawn on and '*adapted to fit the circumstances of particular incidents*'. (DfEE 2000) Approaches will be used flexibly at the discretion of the Headteacher.

**When bullying occurs, we will contact the parents of the pupils involved at an early stage.**

### Key Strategies

#### 1. Circle Time, to be used as prevention of bullying:

- Creates a safe space to explore issues of concern
- Explores relationships with adults & peers
- Enhances effective communication
- Affirms the strengths and enhances the self-esteem of each member.

#### 2. Circle of Friends/Circle of Support, to be used to reinforce support:

- Builds relationships around a vulnerable pupil
- Improves the level of acceptance and inclusion of the pupil
- Helps the pupil make friends inside or outside the circle
- Increases the insight into the pupil's feelings and behaviour

#### 3. Support Group/No Blame Approach (Adult present as facilitator):

- A support group is formed for the bullied pupil made up of those involved in the bullying, bystanders and victims friends
- Responsibility for change lies with the participants in the bullying
- The bully needs to identify with the victim initially
- The bully needs to be involved in helping to resolve the problem
- Reviews take place regularly by interviewing all parties individually.

**All homophobic, biphobic, transphobic, racist and ageist bullying must be reported to the Head Teacher who will then report this to the LA.**

Refer to DFEE Practice ‘Bullying – don’t suffer in silence, p.24 – 34 for full details of all approaches outlined above.

#### **When Tougher Strategies are Needed**

Where pupils do not respond to preventive strategies to combat bullying, Holm Cultram Abbey CE Primary School will need to take tougher action to deal with persistent and violent bullying.

Agreed sanctions for dealing with this level of bullying are outlined in the school’s ‘Policy for Dealing with Severe Disruptive Behaviour’ and will be consistently applied.

#### **Sanctions include:**

- Removal from group and ‘normal’ classroom interaction (‘school seclusion’)
- Withdrawal of break and lunchtime privileges
- Withholding participation in any school trip or sports events that are not an essential part of the curriculum
- Fixed term exclusion
- Permanent exclusion - in circumstances of serious violence. The Headteacher’s decision to permanently exclude a pupil due to serious violence **should not be overruled** by an Appeal Panel.

#### **Responding to Incidents of Bullying As They Occur**

Pupils who have been bullied should report this to their class teacher or the teacher on duty.

Pupils who see others being bullied should report this to their class teacher or the teacher on duty.

Members of staff who receive reports that a pupil has been bullied should report this to the Headteacher.

The Headteacher will log reports of bullying. This record of incidents will show when we become aware of the bullying and how we responded to it.

Where bullying is of a racist nature, we will report this to the Local Education Authority using the Racial Incident Report Form.

All reports will be taken seriously and will be followed up by class teachers and then the Headteacher.

We will follow up after incidents to check that the bullying has not started again. We will do this within two weeks, and again within the following half term.

#### **Work with children who have been bullied:**

We will provide support to pupils who are bullied.

They will be reassured that they do not deserve to be bullied and this is not their fault.

We will assure them that it was right to report the incident.

We will encourage them to talk about how they feel.

We will try to ascertain the extent of the problem.

We will engage them in making choices about how the matter may be resolved.

We will try to ensure that they feel safe.  
We will discuss strategies for being safe and staying safe.  
We will ask them to report immediately any further incidents to us.  
We will affirm that bullying can be stopped and that our school will persist with intervention until it does.

#### **Work with children who are bullying:**

We will interview the pupil (or pupils) involved in bullying separately.  
We will listen to their version of events.  
We will talk to anyone else who may have witnessed the bullying.  
We will reinforce the message that bullying is not acceptable, and that we expect bullying to stop.  
We will seek a commitment to this end.  
We will affirm that it is right for pupils to let us know when they are being bullied.  
We will adopt a joint problem solving approach where this is appropriate, to help us find solutions to the problem.  
This will encourage pupils involved to take responsibility for the emotional and social needs of others.  
We will consider sanctions under our school's Behaviour Management Strategy.  
We will advise pupils responsible for bullying that we will be checking to ensure that bullying stops.  
We will ensure that those involved know that we have done so.

**When bullying occurs, we will contact the parents of the pupils involved at an early stage.**

## **Responsibilities**

### **Everyone within school is expected to:**

- Act in a respectful and supportive way towards one another
- Adhere to and promote the objectives of this policy.

### **Pupils are expected to:**

- Report all incidents of bullying
- Report suspected incidents that victims may be afraid to report
- Support each other and seek help to ensure that everyone feels safe, and nobody feels excluded or afraid in school.

### **Parents can help by:**

- Supporting our anti-bullying policy and procedures.
- Discussing with their child's teacher any concerns that their child may be experiencing bullying or involved in some other way.
- **Helping to establish an anti-bullying culture outside of school.**

**PARENTS PLEASE REMEMBER – It is not OK to ‘fight back’ or ‘stick up for yourself’ through violence or bullying of any kind. Encouraging this behaviour does not support our efforts to eradicate bullying in school!!!**

## ***OPEN COMMUNICATION WITH PARENTS AND PUPILS IS THE ONLY WAY FORWARD***

### **Bullying Outside the School Premises**

Holm Cultram Abbey CE Primary School is not responsible for bullying that occurs off the premises but we know that bullying can occur outside the school gates and on journeys to and from school. The bullying may be done by: pupils from our own school, by pupils from other schools or by people who are not at school at all.

Where a pupil or parent tells us of bullying off the school premises we will:

- Talk to pupils about how to avoid or handle bullying outside of school.
- Talk to the Headteacher of another school whose pupils are bullying.
- Talk to the transport company about bullying on buses.
- Talk to the Police.

The County's Legal Services advise us that we can take disciplinary action against pupils for incidents that occur outside the school premises although we are not responsible in a general sense for bullying off the premises.

## **Concerns, Complaints and Feedback**

We recognise that there may be times when parents feel that we have not dealt well with an incident of bullying – and we would ask that this is brought to the Headteacher's notice.

If the Headteacher cannot resolve these concerns informally, parents can raise their concerns more formally through the school's 'Complaints Procedure' by writing to or approaching, in person, a Governor of the school.

We would also be pleased to receive feedback from parents when things have gone well.

This will help us to evaluate and continually improve our procedures for the benefit of all our pupils.

## **Evaluating the Policy**

**We will evaluate our anti-bullying policy using the following measures:**

- Collating the numbers of incidents that are reported to staff over a given period.
- Measuring pupils' perceptions of bullying in school through structured discussions in class time.
- Measuring pupils' perceptions of the scale of bullying through periodic questionnaires. (DfEE guidance p 57)
- We will investigate patterns of absence to ensure that children are not taking unnecessary days off school due to fear of being bullied.
- The number of complaints and compliments that we receive from parents.

## **Ownership of this Anti-bullying Policy**

The policy applies to all staff and to all pupils, whether temporarily or permanently on the school roll.

The Headteacher is responsible for introducing and implementing this policy. However all staff, all pupils and their parents have an active part to play in the development and maintenance of the policy, and in its success.

Governors will ask for regular briefings (Every three months – CCC Insurers) on bullying within school and these briefings will be noted in meeting minutes. Governors will expect an annual report on the operation of this policy.

One of our Governors will take a special interest in Anti-bullying within school.

**Review: Three Yearly (2020).**

## Appendix 1

### **Information For Parents – Is Your Child Being Bullied?**

Every school is likely to have some problem with bullying at one time or another. Your child's school must by law have an anti-bullying policy, and use it to reduce and prevent bullying, as many schools have already successfully done.

#### **Bullying behaviour includes:**

- Name calling and nasty teasing
- Threats and extortion
- Physical violence
- Damage to belongings
- Leaving pupils out of social activities deliberately and frequently
- Spreading malicious rumours

Parents and families have an important part to play in helping schools deal with bullying.

First, discourage your child from using bullying behaviour at home or elsewhere. Show how to resolve difficult situations without using violence or aggression.

Second, ask to see the school's anti-bullying policy. Each school must have an anti-bullying policy that sets out how it deals with incidents of bullying. You have a right to know about this policy that is as much for parents as for staff and pupils.

Third, watch out for signs that your child is being bullied, or is bullying others.

Parents and families are often the first to detect symptoms of bullying.

#### **Common symptoms include:**

- Headaches
- Stomach aches
- Anxiety and irritability.

It can be helpful to ask questions about progress and friends at school; how break times and lunchtimes are spent; and whether your child is facing problems or difficulties at school. Don't dismiss negative signs.

**Contact the school immediately if you are worried.**

#### **If your child has been bullied;**

- Calmly talk to your child about it
- Make a note of what your child says - particularly who was said to be involved; how often the bullying has occurred; where it happened and what has happened
- Reassure your child that telling you about the bullying was the right thing to do
- Explain that any further incidents should be reported to a teacher immediately
- Make an appointment to see your child's class teacher or form tutor
- Explain to the teacher the problems your child is experiencing

## **Talking to teachers about bullying**

- Try and stay calm - bear in mind that the teacher may have no idea that your child is being bullied or may have heard conflicting accounts of an incident
- Be as specific as possible about what your child says has happened - give dates, places and names of other children involved
- Make a note of what action the school intends to take
- Ask if there is anything you can do to help your child or the school
- Stay in touch with the school - let them know if things improve as well as if problems continue

### **If you think your concerns are not being addressed:**

- Check the school anti-bullying policy to see if agreed procedures are being followed
- Discuss your concerns with the parent governor or other parents
- Make an appointment to meet the headteacher, keeping a record of the meeting
- If this does not help, write to the Chair of Governors explaining your concerns and what you would like to see happen

### **If your child is bullying other children:**

Many children may be involved in bullying other pupils at some time or other. Often parents are not aware. Children sometimes bully others because:

- They don't know it is wrong
- They are copying older brothers or sisters or other people in the family they admire
- They haven't learnt other, better ways of mixing with their school friends
- Their friends encourage them to bully
- They are going through a difficult time and are acting out aggressive feelings

### **To stop your child bullying others:**

- Talk to your child, explaining that bullying is unacceptable and makes others unhappy
- Discourage other members of your family from bullying behaviour or from using aggression or force to get what they want
- Show your child how to join in with other children without bullying
- Make an appointment to see your child's class teacher or form tutor; explain to the teacher the problems your child is experiencing; discuss with the teacher how you and the school can stop them bullying others
- Regularly check with your child how things are going at school
- Give your child lots of praise and encouragement when they are co-operative or kind to other people

**Organisations that can help:**

Advisory Centre for Education, IC Aberdeen Studios, 22 Highbury Grove, London N5 2DQ

Tel: 0207 704 9822 Tel helpline: 0207 354 8321 (Mon-Fri 2-5 pm).

Anti Bullying Campaign, 185 Tower Bridge Road, London SE1 2UF.

Tel: 0207 378 1446 (9.30 am - 5.00 pm).

Children's Legal Centre, Tel: 01206 873 820

(Mon-Fri 10 am -12.30 pm and 2 pm - 4.30 pm). Publications and free advice line on legal issues.

Kidscape, 2 Grosvenor Gardens, London SW1W ODH.

Tel: 0207 730 3300 Fax: 0207 730 7081

Has a wide range of publications for young people, parents and teachers. Bullying counsellor available Monday to Friday, 10-4.

Parentline Plus, 520 Highgate Studios, 53-79 Highgate Road, Kentish Town, London NW5 1TL. Tel: 0808 800 2222.

National helpline for parents (Mon-Fri 9-9; Sat 9.30-5; Sun 10-3).

**Resources for parents and families about bullying:**

ALEXANDER, J. Your child bullying: Practical and easy to follow advice.  
Element Books, 1998.

ELLIOTT, M. 101 Ways to deal with bullying - A guide for parents.  
Hodder and Stoughton, 1997.

KIDSCAPE. Keeping safe: A practical guide to talking with children.  
Kidscape, 2 Grosvenor Gardens, London SW1W ODH, 1990.

LAWSON, S. Helping children cope with bullying.  
Sheldon Press, 1994.

LINDENFIELD, G. Confident children: A parents' guide to helping children feel good. Thorsens, 1994.

MELLOR A. Bullying and how to fight it: A guide for families.  
Scottish Council for Research in Education, 15 St John Street, Edinburgh EH5 5JR, 1993.

PEARCE J. Fighting, teasing and bullying: Simple and effective ways to help your child.  
Wellingborough: Thorsons, 1989.

TRAIN, A. The bullying problem: How to deal with difficult children.  
Condor Book, Souvenir Press, 1995.

This information sheet was prepared by the Department for Education and Employment and has been adapted with their permission.

## Appendix 2

### Information For Pupils - Are You Being Bullied?

#### **If you are being bullied**

- Try to stay calm and look as confident as you can
- Be firm and clear - look them in the eye and tell them to stop
- Get away from the situation as quickly as possible
- Tell an adult what has happened straight away

#### **After you have been bullied**

- Tell a teacher or another adult in your school
- Tell your family
- If you are scared to tell an adult by yourself, ask a friend to come with you
- Keep speaking up until someone listens and does something to stop the bullying
- if your school has a peer support service, use it
- Don't blame yourself for what has happened

#### **When you are talking to an adult about bullying, be clear about**

- What has happened to you
- How often it has happened
- Who was involved
- Who saw what was happening
- Where it happened
- What you have done about it already

If you find it difficult to talk to anyone at school or at home, ring

ChildLine, Freephone 0800 1111,

or write, Freepost 1111, London N1 0BR.

The phone call or letter is free. It is a confidential helpline.

This information sheet was prepared by the Department for Education and Employment and has been adapted with their permission. Their full anti-bullying pack can be found at [www.dfee.gov.uk/bullying/index.shtml](http://www.dfee.gov.uk/bullying/index.shtml)

Policy Review: Three Yearly (2020)

## At Holm Cultram Abbey C of E School....

### Staff will:

- arrive at lessons on time;
- plan and deliver good to outstanding lessons which engage and motivate you to achieve;
- allocate sufficient time for each task;
- be enthusiastic and develop positive working relationships with you and your peers in their classes;
- celebrate the success of pupils in lessons, after school activities and assemblies;
- encourage all pupils to contribute to the work in hand;
- communicate both successes and concerns with parents;
- have a well organised room;
- mark or give feedback on work as soon as possible;
- set homework appropriate for the age and abilities of each pupil;
- treat you fairly;
- eliminate or control hazards which may cause you harm;
- use a range of non-verbal and verbal cues to encourage good behaviour and limit inappropriate behaviour;
- be approachable and listen to you at appropriate times;
- always take seriously any complaints of bullying or inappropriate behaviour reported to them;
- display your work;
- set high expectations, clear boundaries and regularly agree classroom and behaviour expectations;
- use rewards and, where necessary, sanctions consistently;
- model the behaviours you wish to see.

### Parents will:

- treat the school community and visitors to the school with respect;
- behave responsibly whilst on school premises; no smoking, swearing or aggressive behaviour;
- report any incidents of bullying including cyber bullying as soon as they are discovered so that the issue can be dealt with promptly by school staff;
- ensure that their child arrives at school on time;
- ensure that their child is dressed appropriately, in school uniform
- ensure that their child attends school regularly and contact the school in the event of an absence or lateness;
- encourage their child to achieve their very best in school;
- encourage their child to have high standards of behaviour in and out of school;
- support the school's Policies, strategies and guidelines for behaviour;
- inform the school of any concerns or problems that may affect the child's work or behaviour;
- support their child's homework and other home-based learning activities;
- support the school in its use of rewards and sanctions; discuss any issues of concern with the class teacher or Head teacher in a calm and non-aggressive or threatening manner;
- refrain from bringing dogs onto the school premises
- Ensure photos and videos of the school community are for personal use only and are not sold or placed on social media or websites
- consider the implications of posting inappropriate or defamatory details on Social Network sites and the detrimental effect inappropriate comments can have on individuals and the school as a whole;
- support the school's approach to online safety which includes not uploading or posting to the internet any pictures, video or text that could upset, offend or threaten the safety of any member of the school community or bring the school into disrepute;
- recognise the need for security and not create online media "on behalf" of the school without the Head teacher's express permission.

### Children will:

- uphold our Christian values
- Maintain good attendance and be on time
- wear full school uniform correctly;
- sit where you are told to sit by the teacher or any other member of the school staff;
- follow classroom rules and procedures and not disrupt the learning of other pupils;
- listen attentively to the teacher who will explain the lesson, what you are going to do, why and how;
- use appropriate language;
- listen to others' ideas and work co-operatively;
- tell the truth and learn from your mistakes;
- care for the classroom and resources, respecting others' property;
- value other individuals and their contributions to lessons;
- lead by example creating a good role model for younger pupils in the school;
- accept responsibility for your behaviour;
- consider the needs of all the other people in the school community;
- use ICT in accordance with school Online Safety Policy and procedures;
- be responsible when using online technologies and not compromise the professional integrity of staff or other adults in the school community;
- report to a teacher or other adult any bullying behaviour by others including bullying with the use of technology (cyber bullying);
- behave appropriately when outside school;
- be an ambassador for the school.

Signed parent:

Signed Class Teacher:

Signed Headteacher:

Signed pupil:

## School Action at HCA If you don't report – the School can't sort!

If you are concerned or worried that bullying might be affecting your child in school please make an appointment to speak to the Headteacher immediately, so actions can be put in place to discuss and resolve this.

These are some of the actions we can put in place to support children at HCA:

- Hold regular meetings with parents/ carers
- Monitor and record information regularly
- Complete a daily feelings log
- Identify a key adult a child can talk to
- Educate children regularly on the effects of bullying
- Liaise with the local authorities
- Signpost further support
- Take time to listen to and act on children's viewpoints and feedback
- Ensure policies and procedures are up to date and effective

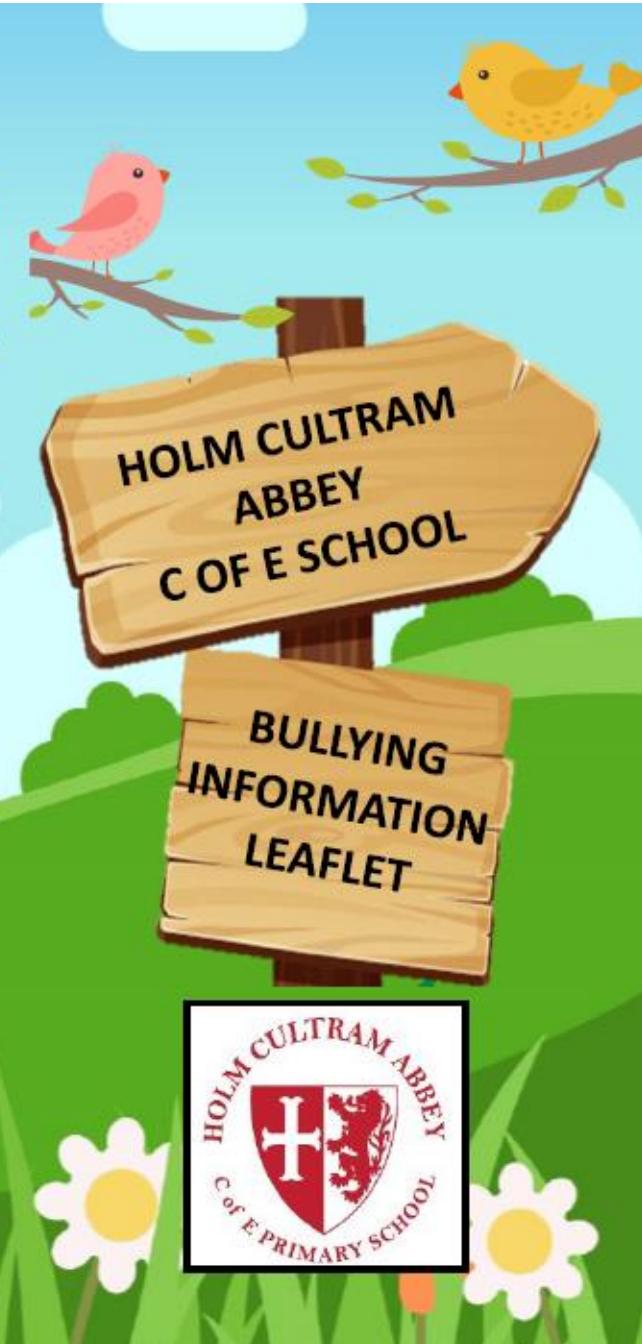
## Community Support If you don't report – the Community can't sort!

If you are unhappy about events that happen in your local community did you know you can report them directly to the local police. They now have an online reporting service.

<https://www.cumbria.police.uk/Report-It/Report-a-Crime/Non-Emergency-Crime-Online.aspx>



If you are unhappy about events that happen in your local community did you know you can report them directly to homegroup Anti-social Behaviour Team



## It is important that schools have a shared definition of bullying

ABA defines bullying as the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online.

Cyberbullying is any form of bullying that is carried out through the use of electronic media devices, such as computers, laptops, smartphones, tablets, or gaming consoles

## What does the law say?

Whilst there is no legal definition of bullying there is still some Law and guidance which schools and other settings must have regard to. For more information please refer to the following website:

<https://childlawadvice.org.uk/information-pages/bullying/#If-your-child-is-being-bullied-Flowchart>

The Department for Education (DfE) has produced guidance for all schools, including academies and free schools, which outlines its duties towards preventing and tackling bullying in schools. The DFES—Preventing and tackling bullying document can be viewed online

## HCA's 10 key principles to preventing and responding to bullying

1. **listens** - all pupils and parents and carers are listened to and influence strategies and approaches to prevent, report and respond to incidents of bullying.
2. **includes us all** - all pupils, including those with SEN/Disability, are included, valued and participate fully in all aspects of school life.
3. **respects** - all school staff are role models to others within the school in how they treat others.
4. **challenges** - all forms of discriminatory language – including disablist language – is challenged taken seriously
5. **celebrates difference** – difference is actively and visibly celebrated and welcome across the whole school.
6. **understands** - all school staff, pupils and parents and carers understand what bullying is and what it isn't.
7. **believes** - all pupils, including disabled children and those with SEN, and their parents and carers are acknowledged, believed and taken seriously when reporting incidents of bullying.
8. **reports bullying** - all pupils within the school and their parents and carers understand how to report incidents of bullying.
9. **takes action** - we respond quickly to all incidents of bullying. Pupils, including disabled pupils and those with SEN, participate fully in decisions made about them and help to formulate appropriate action to respond to incidents of bullying.
10. **has clear policies** - our school's anti-bullying policy reflects these principles and is embedded within other school policies. They are widely and actively promoted to school staff, pupils and their parents and carers

## Further support references

[www.bullying.co.uk](http://www.bullying.co.uk)

[www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk)

[Childline](http://www.childline.org.uk) (0800 1111)

DFES—Preventing and tackling bullying document

DFES—Advice for parents/carers on cyber-bullying document